

## Reiki I

- Would you like to feel relaxed, empowered, have a sense of inner peace and feel less vulnerable?
- Would you like to accelerate healing, reduce, or eliminate acute as well as chronic pain, promote tranquility, revitalize, energize, and increase your awareness?
- The ancient art of Reiki can make all these things possible. This safe, non-invasive, energy technique can be “learned” by anyone, even young children. Reiki assists the body-mind to realign and allows healing to take place at the deepest source.
- In this enjoyable “hands-on” class, you receive the ability to transmit Reiki Energy to help heal yourself, your family, friends, pets, and plants. Manual is included.

Rev. Glenda Smith  
Certified Usui Reiki Master Teacher

Each date is one complete course:

- January 7 (Snow: Jan. 28)
- March 17
- May 12
- July 14
- September 8
- November 10

Saturdays, 9:00 am–6:00 pm

\$125 (\$100 if prepaid one week in advance)  
Teens & Students: \$70 (\$60 prepaid one wk)

## **Magic Hands I** **Reiki Level I For Children 7-12**

- Reiki empowers children with the ability to help heal themselves, pets, plants, and to manage stress, with the traditional Usui Reiki method of Natural Healing. In addition, they learn an easy, enjoyable meditation, and the five Reiki principles.
- Participants will be attuned to Reiki and become certified Level One practitioners. Manual is included.

Please inquire about class dates

\$70 (\$60 prepaid one week)

## Reiki II

- At this advanced level, Reiki Power is increased, works faster & at deeper levels.
- You learn how to transmit this Energy over any distance and time, penetrating the space-time barrier.
- You learn how Reiki can be applied to ideas and situations, how to send Reiki into the future, help heal the past, eliminate unwanted habits and enhance talents. Some students have called this increase in power a “Quantum Leap”. Manual is included. Prerequisite: Reiki I

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Each set of dates is one complete course:

- February 10-11 (snow: Feb. 17-18)
- April 20-21
- June 15-16
- August 17-18
- September 28-29
- December 7-8

Fri. 6:30-9:30 PM & Sat. 9:00 am-6:00 pm

\$250 (\$200 prepaid one week)  
Teens & Students: \$85 (\$75 prepaid one week)

## **Magic Hands II** **Reiki Level II for Children age 7-12**

- This is a unique course, designed for young Reiki Channels who have completed Level I. Students learn how to send Reiki over any distance, into the future, or the past. Level II works faster and increases the Reiki power.
- At completion, students become certified Reiki II practitioners. Manual is included. Prerequisite: Magic Hands I

This class is taught in two Sunday afternoons

- Please inquire about class dates

\$85 (\$75 prepaid one week)

**Questions?**  
**Call 215-362-3473**

## Reiki III

### Master-Practitioner

- This course is for the Level II Reiki practitioners who wish to increase their Reiki power and work at Master Level.
- You will receive the Usui Master Power Attunement which increases your Reiki flow, learn the Usui Master Symbol and receive instructions on how to utilize this symbol for increased intensity of the Reiki power. Manual is included. Prerequisite: Reiki II

Rev. Hannelore Goodwin, M.Msc. and  
Rev. Glenda Smith  
Certified Usui Reiki Master Teachers

Each set of dates is one complete course:

- March 23-24
- October 19-20

Fri. 6:30-9:30 PM, Sat. 9:00 am-8:00 pm

\$450 (\$350 prepaid one week)

## Reiki III

### Master-Teacher Training

- This comprehensive Master Teacher training is for Reiki channels who want to give the gift of healing to others. The class includes the powerful Reiki Master Attunement, healing meditations, complete instructions on how to teach, and attune others to the Reiki Energy, as well as continued mentoring. You will also receive the Reiki Master Teacher Manual, your Teacher’s certification, and at least 42 hours of additional training in the form of assisting at Reiki Level 1 & 2 classes.

Please register early so you can prepare yourself for your Mastership.

Prerequisite: Reiki III Master-Practitioner

Rev. Hannelore Goodwin, M.Msc. and  
Rev. Glenda Smith  
Certified Usui Reiki Master Teachers

Each set of dates is one class:

- March 24, 25, April 22
- Oct. 20, 21, November 4

Sat. 5-10pm, Sun.#1: 2-10pm, Sun.#2: 2-6:30pm,  
Additional Reiki class auditing/assistance required.

\$500 (\$400 prepaid one week)

- Take an extra \$25 discount if you attend the Practitioner and the Teacher courses together and prepay one week. (Total tuition for both: \$725).